

## COVID 19 Guidelines for competitions at MUNDOLE EQUESTRIAN July-Oct 2020

This guidance will help you understand what to expect when you compete at Mundole Equestrian(ME). We all have a part to play in making sure that competitions are run under the safest conditions possible and minimise the risk of spreading coronavirus. The safety of all participants is our over-riding priority and we all need to work within the government guidelines in order to safeguard the health and well-being of competitors, officials and venue staff. ME has conducted thorough risk assessments prior to the resumption of activity. Operating procedures are based on Public Health guidance. Regular hand washing, cleaning and hygiene procedures are essential for all activities. Social distancing of two metres should be maintained where possible; if this is not possible, individuals are advised to remain at least one metre apart, plus other mitigating measures. Do not attempt to travel to venue if you or anyone in your household is feeling unwell or is displaying symptoms associated with the virus. Keep your hands and face clean – wash your hands and/or use hand sanitiser regularly. Avoid touching your face, mouth and eyes if at all possible when in a public environment. Take hygiene precautions, including using a tissue when sneezing, disposing it safely, and cough into the crook of your elbow, not your hand. Keep your distance – at least two metres on the ground, three horses' lengths while mounted. If closer contact is unavoidable, you should still keep a minimum of one metre apart at all times, avoiding face to face contact where possible. Limit the number of contacts you have with other people outside of your household. Do not share tack or equipment and thoroughly clean all items, including clothes, when returning home after competition. Competitions will be run in a way that avoids unnecessary contact. The secretary's office at the venue will be closed to the public to minimise unnecessary contact, but assistance will still be available on site. Provision on site of first aid with appropriate PPE and knowledge of procedures under COVID-19 provisions. Toilet facilities will be open and cleaned regularly, bring own hand towels. Tomintoul Venison Catering will be on a take away basis with one way system – please support so we can have catering regularly. Stabling is permitted on site. Entries only accepted by email [mundole1@btinternet.com](mailto:mundole1@btinternet.com) and **NO LATE ENTRIES FOR ANY COMPETITION WILL BE ACCEPTED**. A condition of your entry will be that you agree to adhere to all government regulations and ME protocols relating to social distancing, public health and hygiene. Times will be on website [www.mundoleequestrian.com](http://www.mundoleequestrian.com) on Thursday before a show. If you're unable to compete, for whatever reason, please let ME know in good time. Tel: 07901 602042 A one way system for entry to arena entry is at the Forres end of the box park. Vehicles should remain a three metre distance apart to avoid unnecessary contact. Horses should not be tied outside lorries/trailers at any time. No more than 4 riders will be permitted in each warm up at any time. Riders should endeavour to maintain three horses' lengths from other competitors while in the warm up. Competitors should return to horse box immediately they have finished in the arena. On returning home, it's advisable that you clean and disinfect all tack and equipment, including clothing worn during competition. For dressage, score sheets and rosettes can be collected from a box outside the Secretary's caravan where there will be sanitised wipes. For Show Jumping rosettes can be collected from box outside the secretary's caravan also. Objections or complaints will be dealt with over the phone or via email within 30 minutes of the completion of the competition.

Good luck, stay safe, and we look forward to seeing you soon!